

Sacramento Cabrillo News

January/February 2025

President: Mike McCoy 1st Vice President: Suzanne Lemos 2nd Vice President: Saskia Ricken
Secretary: Rachel Tatro Treasurers: Floyd & Elizabeth Kemper Marshall: Janet McKay

Board Members: Lynette Bell, Elaine McCoy Brown, Ken Costa, Scott Costa, Lisa Gavin,
Michael Gavin, Jackie Kuehl, JoAnn Novey, John Perry, Gui Sequeira, Patty Wohl

Newsletter of the Cabrillo Civic Club #5, PO Box 189241, Sacramento, CA 95818 Floyd Kemper, Editor, cabrilloclub5news@proton.me

Upcoming Events:

January 14 - Club Board Meeting - 4:00 pm

February 11 - Club Board Meeting 4:00 pm

February 17-19 - Cabrillo Snow Train to Reno

Birthday Greetings

JANUARY

2-Hagan, Mary

11-Earll, Kim

20-Ebersole, Odette

21-Zarate, Sara

31-Stall, Elaine

FEBRUARY

1-Sires, Diane

1-Watkins, Colleen

3-Correa, Virginia

5-Sequeria, Gui

8-Perry, John

9-Katen, David

10-Freitas, Helen

12-Tracy, Vallori

14-Blithe, Wendy

19-Bell, Lynette

22-Fischer, Diane

23-Sutton, Craig

25-Schafer, Jeanne



PRESIDENTS MESSAGE

- MIKE MCCOY

Welcome to 2025

Since the last newsletter we had two major holidays, Thanksgiving and Christmas. I hope you all had good times with family and friends. And maybe Santa brought you what you wanted too.

We had our annual Christmas party in December with great food, good friends and new friends, and the CalStrs Choir singing Christmas carols for us. They also got all the tables involved in singing the Twelve Days of Christmas. We all had a great time. If you didn't make it, you missed out. Now comes New Years Day, hope you all enjoyed your plans for that day.

On Jan 10th a few members of Sacramento Cabrillo Civic Club #5 will be heading off to San Diego for the state convention where we expect they will be swearing in Brian Sampson as our new 2025 state president. I know he will do a great job. I am looking forward to seeing a few faces there.

On Feb 19th I will be taking 60 people on our Snow Train to Reno for lots of fun.

March we have the crab feed coming up. More information on that will be in the next newsletter.

Hope to see you all at our board meetings and our events we have during the this year. Happy 2025

Sincerely Mike McCoy,
President

AMERICANIZATION

- RACHEL TATRO

The state report for Americanization asked for ways club members have been practicing their citizenship. Are they members of Patriotic Organizations? Do they support Veterans and if so, how? Do they participate in Patriotic Events? Do they support elections? Sometimes, I'm not sure how to answer these questions. I know there are many very patriotic members and many who are veterans. I hope you will all feel free to share your activities with me, so that I, in turn, may share them with all club members.

CIVIC AFFAIRS/

REPORTING HOURS

• SUZANNE LEMOS

Please continue keeping track of your volunteer hours for the coming months. The current reporting period ends March 31 and I would appreciate receiving your hours by then. Please send them to me at:

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ocean67girl@att.net.

Suzanne Lemos

Civic Affairs Chairperson

Cabrillo Club #5

CIVIC AFFAIRS**DONATIONS**

The August donation of \$100 to the Sacramento Hospice was returned as undeliverable and no other address could be found. The board decided to reissue the check for \$100 to the Sacramento Book of Dreams.

The November donation of \$300 was sent to the Sacramento Food Bank to assist with providing holiday food for Thanksgiving and Christmas.

In December Cabrillo Club #5 donated \$300 to Sacramento's WEAVE (Women Escaping A Violent Environment) as the stress of the holidays often increases demand for their services.

MEMBERSHIP• **KEN COSTA**

Happy New Year and a big Welcome to 2025. Cabrillo Civic Club #5 increased our total Membership count in 2024 to 148 members. This exceeds our 2023 count of 139 and the low count during the 2020 COVID year of 103 members, a very steady climb. Congratulations to all of you for retaining membership and bringing in new Members.

Our Membership dues for 2025 remains at \$20.00 per member. As Member, you will receive a Newsletter every two months and access to free events like our Membership/Scholarship Dinner, Cabrillo Day Portuguese

Breakfast and Christmas Party. All of our activities are focused to provide funds for the Cabrillo Scholarship program, support to other community organizations, preserving our historic Cabrillo Hall and fostering Portuguese heritage, all with your help. If a Membership application is wanted or any questions, please contact me at 559-349-8440 or kencfresno@aol.com. Membership Applications are also available from our Officers/Board Members, or at the State Cabrillo Club website

www.cabrillocivicclubs.org.

Ken Costa

PO Box 11008

Fresno, CA 93771

Checks should be made payable to Cabrillo Civic Club #5 and mailed to my address above.

Thank You, Cabrillo Civic Club #5

Ken Costa

kencfresno@aol.com

FACEBOOK• **RACHEL TATRO**

Please check out the Club #5 Facebook page for on-going activities and photos of past events.

SCHOLARSHIP• **RACHEL TATRO**

Applications for Cabrillo State Scholarships were mailed, via the U.S. Postal Service, before Thanksgiving. Over 330 high schools were sent applications. Hopefully, there will be about 100 scholarships available. The number of scholarships is based on the amount of donations provided to the five

Cabrillo clubs throughout California.

Scholarship applications must be received by March 15, 2025. All applications are sent to the state scholarship Chairperson. The applications will be screened prior to the April State Board meeting. If anyone would like a scholarship application, please contact me at 916.568.1301.

CLUBHOUSE REPORT• **GUI SEQUEIRA**

I was asked to let you know what has been happening at the Cabrillo Hall for the last several months so here goes.

The renters keep coming and I spend a lot of time answering calls, showing the facility, and cleaning, I guess that is my job!

In August I was lucky to meet a general contractor that gave me the name of a roofer and that turned out to be a lucky break. Several years back a wind storm had knocked a big limb onto the roof damaging the rain gutter. We searched for someone to fix it but had no luck until K.L.M. Roofing stepped in and did the job in a matter of weeks. He repaired roof leaks, replaced a gutter, added two new drain spouts and repaired dry rot. It wasn't cheap but what a relief having that finished.

Then something else fell into place, or should I say fell down onto the porch. For many years there was a big crack in the ceiling of the porch, maybe caused by a roof leak. It fell finally, dropping plaster and junk all over the ramp. It turned out that birds and other creatures

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CLUBHOUSE REPORT

had made their way into the crawl space and after so many years the ceiling collapsed.

Who to call to fix it?

I talked to my new friend, Owen Flynn, the general contractor. He submitted an estimate and, once approved, the job was done. A few other patches were fixed, including the ceiling in the ladies bathroom and two others in the main Hall. Another big expense but the job was done.

For a long time we have been concerned with the Oak trees in the front of the property. Too many dead branches that could fall and hurt someone walking by. Two companies gave estimates and we selected the most reasonable one - Valley Tree Solutions. The job was done in one day, November 8, 2024.

Those people worked until it was dark and came back early morning to clean the front lawn so my renters would have a clean parking lot. It was another expensive job but the trees look a lot safer.

What's next?

One job is a "must", the other three are on the wish list. We have to replace one A. C. Unit and repair the other two before summer arrives. The A. C. Unit that serves the lounge area is not worth fixing due to its age. Again, another big expense. Also on the wish list are painting indoors, outside and refinishing the floor.

Of course there's always something unexpected that needs to

be repaired or replaced. That's to be expected when you are 110 years old. All and all it still looks pretty good and with a little TLC it might outlive us all. Who knows?

If you feel you can give us a hand and help keep it going call us or show up, we would love to see you.

Happy New Year, Gui Sequeira



Flag Flying Holidays

NEW YEAR'S DAY	January 1
DR. MARTIN LUTHER KING JR. DAY	Third Monday in January
INAUGURATION DAY	January 20 (every four years)
LINCOLN'S BIRTHDAY	February 12
PRESIDENTS DAY	Third Monday in February
WASHINGTON'S BIRTHDAY	February 22
EASTER SUNDAY	Variable
ARMY DAY	April 6
V.E. DAY	May 8
NATIONAL FIREFIGHTERS MEMORIAL DAY*	Sunday on or before May 9
PEACE OFFICERS MEMORIAL DAY*	May 15 (half-staff unless also Armed Forces Day)
MOTHERS DAY	Second Sunday in May
ARMED FORCES DAY	Third Saturday in May
MEMORIAL DAY*	Last Monday in May (half-staff until noon)
FLAG DAY	June 14
FATHERS DAY	Third Sunday in June
INDEPENDENCE DAY	July 4
COAST GUARD DAY	August 4
LABOR DAY	First Monday in September
V.J. DAY	September 2
PATRIOT DAY*	September 11
CONSTITUTION DAY	September 17
COLUMBUS DAY	Second Monday in October
NAVY DAY	October 27
PRESIDENTIAL ELECTION DAY	Tuesday after the first Monday in November
VETERANS DAY	November 11
THANKSGIVING DAY	Fourth Thursday in November
PEARL HARBOR REMEMBRANCE DAY*	December 7
CHRISTMAS DAY	December 25

*denotes half-staff observations

Portuguese Bread Pudding

1 large round Portuguese sweet bread loaf (makes 1 - 9x11 baking pan. When available you may use cinnamon sweet bread (just reduce amount of cinnamon added). Tear up bread and mix up into pieces and allow to dry for at least a few hours in large bowl (I usually put in 200°F oven, drying helps bread absorb liquid). You can also use Kings Hawaiian Sweet Bread rolls (2-12 oz flat cartons). Toss bread with generous amounts of cinnamon while drying. **Preheat oven to 350 ° F.** Prepare baking pans by spraying with cooking spray or spread with vegetable oil.

Custard mixture:

1 1/2 cups granulated sugar
 8 large beaten eggs
 2 cups milk
 2 teaspoons pure vanilla extract
 ¾ cup golden raisins (optional) (I've used raisins, dates or diced apples, or none)

Mix together sugar, eggs, vanilla and milk in a large bowl. Add dried bread to egg liquid mixture. Stir in fruit and mix with bread to sop up liquid & even out fruit, let sit for 10 minutes.

Pour wet bread mixture into prepared baking pan (just use cooking spray on pan). Bake in preheated 350°F oven for about 20 minutes. While baking, make topping.

Topping (double for two pans)

1/2 cup packed light brown sugar
 1/2 stick butter, melted (1/4 cup)
 1 cup chopped pecans (or walnuts, almonds or none)

In small bowl, mix and crumble together brown sugar, butter and pecans.

When bread pudding has baked about 20 minutes crumble topping over top. Bake an additional 20 minutes, check after 10 minutes. Pudding is done when center is mostly set and top browned. Remove from oven. While baking the second 20 minutes, make glaze.

Glaze (this is enough for 2 - 9x11 pans)

1 cup granulated sugar
 1 stick butter, melted (1/2 cup)
 1 egg beaten
 2 teaspoons pure vanilla extract
 1/4 cup brandy or rum

Put sugar in small saucepan over medium heat quickly stir in whipped egg as sugar melts. When sugar melts and egg is smoothly blended add butter and vanilla over medium heat. Keep stirring and add brandy or rum, until comes to rolling boil. Drizzle over baked bread pudding. Serve warm, add ice cream or whipped cream if you want. Refrigerate if serving next day, or freezes well for longer term storage.

Adapted by Elizabeth Castro Kemper from recipe provided by Arlene Amaral, Revised December 5, 2024



December's Christmas Party featured good food, many friends and great Christmas Carols. Great Fun!

CABRILLO CLUB #5

DATE	EVENT	CHAIRPERSON
Jan. 11 - Saturday	Cabrillo Civic Clubs of California State Convention - San Diego	San Diego
Jan. 14, Tuesday	Club 5 - Board Meeting - 4:00 PM	
Feb. 11, Tuesday	Club 5 - Board Meeting - 4:00 PM	
Feb. 17 - 19	Snow Train	Mike McCoy
Mar. 8, Saturday	Crab Feed Cocktails -6:PM Dinner 7:00 PM	
Mar.11, Tuesday	Club 5 - Board Meeting - 4:00 PM	
Apr. 8, Tuesday	Club 5 - Board Meeting - 4:00 PM	
Apr. 25-26	Scholarship Screening /State Board Meeting	Hanford
May 13, Tuesday	Club 5 - Board Meeting - 4:00 PM	
May 17, Saturday	Membership/Scholarship Award Dinner Cocktails 5:30 PM Dinner 6 PM	Ken & Rachel
June10, Tuesday	No Meeting	
July 8, Tuesday	Club 5 - Board Meeting - 4:00 PM	
August 9, Saturday	Western Night BBQ & Silent Auction Cocktails - Auction - Doors Open 5:30 PM Dinner 7:00 PM	
Aug. 12, Tuesday	Club 5 - Board Meeting - 4:00 PM	
Sept. 9, Tuesday	Club 5 - Board Meeting - 4:00 PM	
Sept. 28	Cabrillo Day Breakfast 8-11:30 AM	
Oct 14, Tuesday	Club 5 - Board Meeting - 4:00 PM	
Oct. 16-20	State Board Meeting	Cruise - Baja Calif.
Nov. 11, Tuesday	Club 5 - Board Meeting - 4:00 PM Installation of 2026 Officers Calendar of Events Planning	
Dec. 5, Friday	Christmas Party - Potluck Doors Open - 5:30 Dinner 6 PM STRS Choir 7 PM	
Dec. 9, Tuesday	Club 5 - Board Meeting - 4:00 PM	

2025 CALENDAR OF EVENTS

Sacramento Cabrillo Civic Club #5
PO Box 189241
Sacramento, CA 95818



SAVE THE DATE - SATURDAY MARCH 8, 2025
ANNUAL CRAB FEED FUNDRAISER
WATCH FOR DETAILS IN FEBRUARY



CALSTRS Choir provides music and fun during Sacramento's Christmas Potluck